



Speaker Abstract

Presentation Title

Reach More of Your Goals in Business and in Life

Target Audience

This presentation is appropriate for anyone who wants to reach more of their goals and is relevant to both individual contributors and leaders.

Summary

Based on his book *Whiteboard Wisdom*, Mike's talk will help audience members become unstuck in pursuit of their personal and professional goals by leveraging seven success superpowers:

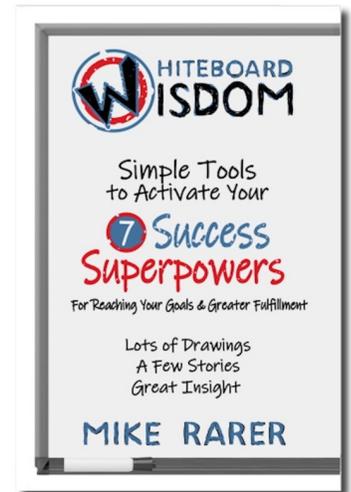
1. **Self-Awareness:** What are the four states of performance and how do we manage them?
2. **Motivation:** Why do we reach some goals and miss others?
3. **Commitment:** What role does fulfillment play in determining why we quit?
4. **Courage:** How can we leverage the power in asking for help and embracing rejection?
5. **Focus:** Why is opportunity so important and how do we avoid wasting time on the wrong goals?
6. **Accountability:** How can sharing our goals unlock even greater success potential?
7. **Positivity:** How does our attitude affect our outcomes?

About Mike

Mike is known for his storytelling skills and presentations that provide immediate takeaways attendees can apply to excel at work, reach their goals, build better relationships, and find greater fulfillment.

During his technology career, Mike was an award-winning leader who built top-performing teams in companies that range in size from **early-stage startups to the Fortune 500**.

Mike now serves as a trusted advisor, consultant and speaker committed to helping growth-minded leaders develop teams that reach more goals and win more business.



Reach Your Goals

Learn More @ mikerarer.com

